

PREPPING CHECKLIST



WATER

- Bottled or jug water
- Backup power for well pump
- Manual well pump
- Water purification tablets
- A way to boil water
- Rain catchment
- Long-term water storage
- Fill up bathtubs with water

FOOD

- Canned foods (Meat, veggies, soup)
- Dried foods (rice, beans, pasta)
- Dried or evaporated milk
- Grow food in a garden
- Learn foraging skills
- Learn hunting/trapping skills
- Raise livestock
- Plant fruit trees
- Learn food preservation

FIRST AID

- Extra supply of prescription medicines
- Pain relievers, such as aspirin or ibuprofen
- Bandages
- Adhesive tape
- Antibiotic ointment
- Gauze
- Scissors
- Tweezers
- Eye wash
- Thermometers
- Nitrile gloves

LIGHT

- Flashlights
- Solar powered lantern
- Spare batteries
- Firestarter, such as a ferro rod
- Candles

MISC

- Pet and livestock supplies
- Sanitization supplies
- Generator